Dear Parents

Your child has been selected to represent St Rose School at the Peninsula Cross Country on Thursday 30th April 2015 at Warringah Rugby Park (Rat Park). There is a back up date on Thurs 7th May if needed. Parents are responsible for transporting their child to and from the venue on the day. All competitors must be at the venue by 8:45am as it is compulsory for all competitors to walk the course at 9am. All competitors must wear a sticker name tag during their race to give to officials at the finish line (the school will provide these on the day). Students will need to bring their lunch, snacks and drinks for the day (canteen may be open). Students are to wear their full sports uniform, school hat and sensible running footwear. Each school must provide a course marshall (standing out on the course) and a school marshall (to marshall our school competitors before the race), as the teachers have official jobs on the day. Please indicate if you will be attending as the course marshall and school marshall jobs will be shared amongst the parents.

Parents are reminded that they are not to be running with their child along the track, nor side by side at the Cross country.

Thank you

Jane Lillycrop

Peninsula Cross Country PERMISSION NOTE

Please complete this form and return to the school office no later than Thurs 23rd April

I give permission for my child _______________________________ of class ___________________ to compete in the Peninsula Cross Country at Warringah Rugby Park (Rat Park), Narrabeen on Thursday 30th April.

My child will be traveling with: Me or Parent (name) __________________

I am/am not able to help on the day as a course/school marshall.

Please indicate a suitable time to assist

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<th>Time</th>
<th>9 –10am</th>
<th>10-11am</th>
<th>11-12pm</th>
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Emergency contact person for this day is _____________________________________________

Contact number for this day is ____________________________________________________

Signed: ___________________________________________ Date _______________________________