GROUP & INTENSIVE SESSIONS

SCHOOL HOLIDAY PROGRAMS

EARLY BIRD RATES UNTIL 18th MARCH
(Limited Availability)

KICKSTART THE SCHOOL YEAR!

SIGN UP TODAY
BY PHONE: (02) 9451 5735
BY EMAIL: ADMIN@KIDSOT.COM.AU

WWW.KIDSOT.COM.AU - LEVEL 1, FORESTWAY SHOPPING CENTRE, FRENCHS FOREST NSW 2086
End of Term 1 – HOLIDAY GROUPS

All groups are delivered as a 4 day programme:
Week ONE: 11-14th April (Mon-Thursday)
Week TWO: 18-21st April (Mon-Thursday)

Zones of regulation Group
Teaching kids strategies to support their emotions.

Mindfulness for kids Group
Mindfulness will support your child with self-regulation, attention and behaviour.

Mindfulness for parents Group
Mindfulness based strategies focused on supporting stress levels.

NAPLAN Group
NAPLAN (National Assessment Program – Literacy and Numeracy) for students in Years 3, 5, 7, 9.

Social Skills
Social communication, concentration, emotional regulation and attention.

Learning to Learn Group
Motor skills, visual perception skills, working memory, spelling and comprehension.

9am - 11am
$380, 4 day programme
$340 Early bird rate

1.15pm - 3.15pm
$380, 4 day programme
$340 Early bird rate

1.15pm - 3.15pm
$380, 4 day programme
$340 Early bird rate

$650 SPECIAL Kids+Parents

1.15pm - 3.15pm
$380, 4 day programme
$340 Early bird rate

9am - 11am
$380, 4 day programme
$340 Early bird rate

9am - 11am
$380, 4 day programme
$340 Early bird rate

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$380, 4 day programme
$340 Early bird rate

OT Intensives
5 sessions of OT for 45 minutes
Cost $380  Early bird rate $415

Interactive Metronome Intensives
5 sessions of OT for 30 minutes
Cost $325  Early bird rate $300

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