

*For those who are sad*

Risen Christ,

Give them your comfort and support,  
your gifts of compassion and hope.

Help me to show empathy  
even though I don't quite understand  
the depth of their feelings in grief.

Inspire me to say the right words,  
and to do small acts of kindness  
to show them that I share their sorrow.

Good Shepherd, speak your words of peace to those who are sad,  
and renew their trust in your guiding hand  
in the valley of sorrow.

