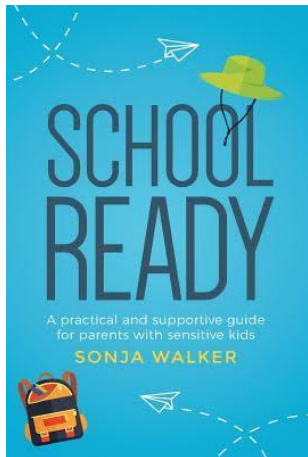
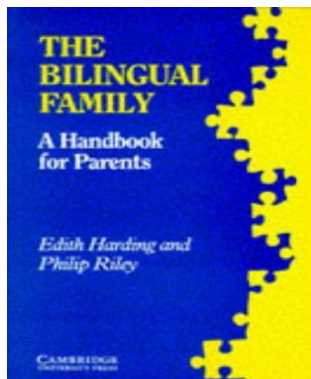


RESOURCES FOR PARENTS



SCHOOL READY: Author: Sonja Walker

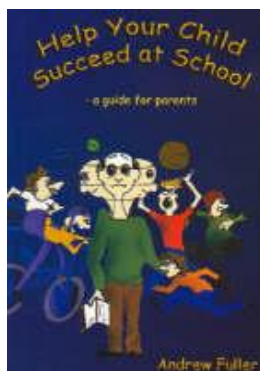
Written by award-winning teacher, business leader, parent educator and mum **Sonja Walker**, **School Ready** provides solutions to the unique problems faced by families such as yours. About the Author. **Sonja** has been a teacher for 30 years, and is also the proud mum of a child with unique needs.



The Bilingual Family: A Handbook for Parents

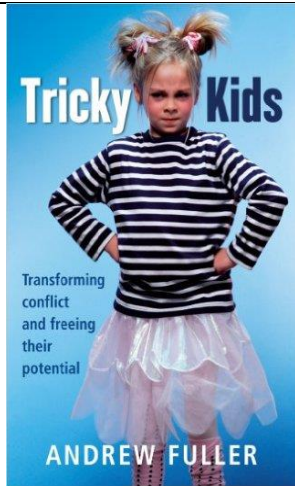
Author: Edith Harding-Esch & Philip Riley

Written by two applied linguists and parents of bilingual children, this book provides a linguistically-informed overview of many of the issues involved in raising bilingual children. The book is divided into three sections: the first provides an overview of the issues involved, the second lists some 18 case studies of different bilingual families, and the final section consists of an alphabetical reference guide to some of the most frequently asked questions.



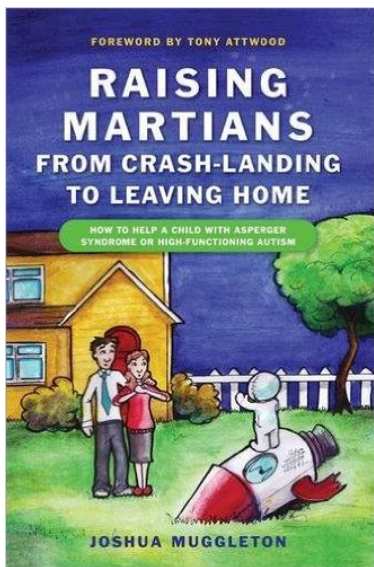
Help Your Child Succeed at School Author: Andrew Fuller

An easy to read guide to prepare children for success which involves ideas for improving concentration and memory.



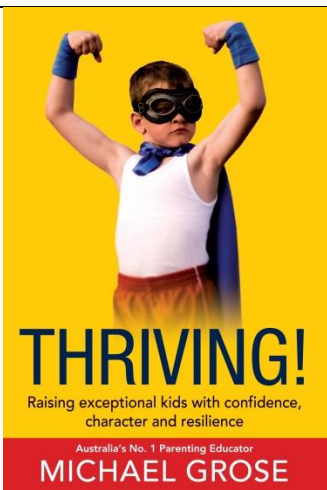
Tricky Kids Author: Andrew Fuller

Helping parents and teachers recognise the needs of children who are the manipulators, the negotiators, the debaters, the competitors, the dare devils and the passive resisters of this world. What would it be like to have to parent Bart Simpson or Angelica Pickles? Every day, many parents and teachers struggle with challenging (and lovable) children who have wilful personalities. These are often kids who are stubborn, defiant, determined, free-spirited or just plain difficult. Yet while they may be hard work, they are often the movers and shakers of the future. He shows how parents can create change in the family and how teachers can create change in the classroom (so that these children do not dominate). Parents may have to live with their one headstrong child, but teachers often face dozens of them every day! So, to assist them, Andrew Fuller has also included a special supplement focusing on their particular needs.



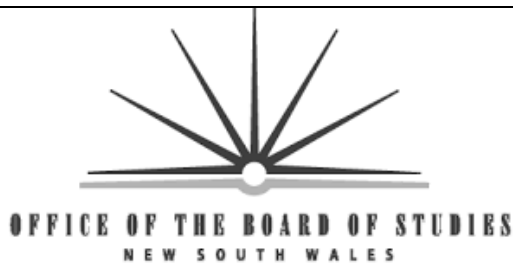
Raising Martians – from Crash Landing to Leaving Home
Author: Joshua Muggleton

Having a child with Asperger's Syndrome can feel a bit like raising a Martian. They look the same as all the other children, but somehow, they are just...different. You don't speak the same language, you don't see the world in the same way, and you have no idea what the future holds. How on Earth do you go about raising a Martian anyway? Joshua Muggleton is 21 and has Asperger's Syndrome. Now studying psychology at the University of St Andrews, he has been through all the trials and tribulations of the school system. In Raising Martians, he combines his personal experience into what it means to have AS with his knowledge of autistic spectrum disorders to produce an invaluable guide for parents. Starting with the very basics of 'what is autism?', Joshua covers topics such as friendships and social situations, obsessions, and sensory issues, before tackling what is arguably the biggest part of any child's life: school. An essential guide for any parent trying to understand their Asperger child, Raising Martians will take them from crash landing to leaving home.



Thriving Author: Michael Grose

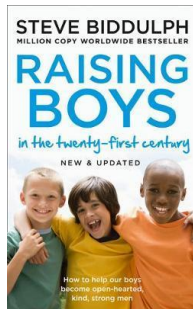
In this easy-to-read, no-nonsense book, renowned parenting educator Michael Grose shows us how to be confident family leaders, able to develop real character and resilience in our kids – the keys to their future success in this ever-changing world.



A Guide for Parents - Helping Your Child series

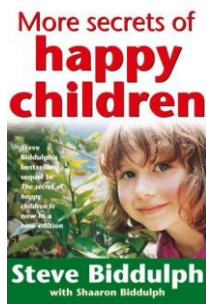
- *Helping your child learn to read*
- *Helping your child learn to write*
- *Helping your child learn to do mathematics*
- *Helping your child learn about grammar*

These books are an excellent set of resources that clarify for parents of primary and pre-school children what children are taught, explain terms used and suggest home activities to support the work of the school.



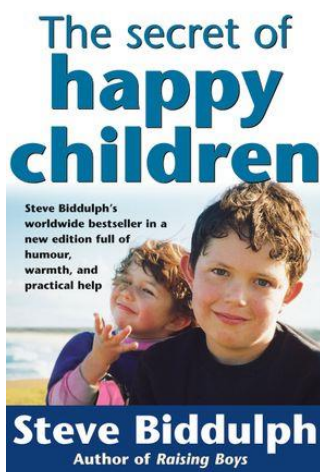
Raising Boys Author: Steve Biddulph

This book features helpful messages about the three stages of boyhood which help parents plan their lives to keep boys safe and loving life.



More Secrets of Happy Children Author: Steve Biddulph

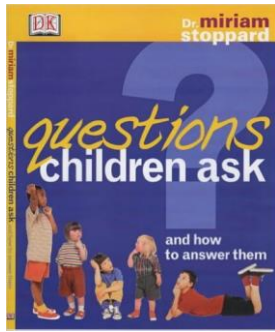
From the author of the worldwide bestseller Raising Boys, this bind-up of the parenting classics The Secret of Happy Children and More Secrets of Happy Children by parenting expert and child psychologist Steve Biddulph tells parents everything they need to know about raising happy, healthy, confident children from babyhood to teens. This bind-up brings all of Steve's parenting tips and secrets together for the first time.



The Secret of Happy Children

Author: Steve Biddulph

In the Secret of Happy Children you will discover what's really happening inside kid's minds, and what to do about it. And you will find out how to be a stronger, more loving, more definite and more relaxed parent. You'll learn how to let go of old, negative approaches, and free up more energy to enjoy your kids and your life. More Secrets of Happy Children (written with Sharon Biddulph) tackles other important concerns of parents today such as: how to help toddlers and children feel secure and settled; discipline methods that work (without hitting or yelling); making sure your love gets through; being the best kind of dad; and the childcare dilemma.



Questions Children Ask Author: Dr Miriam Stoppard

Now with the down-to-earth advice of Dr. Miriam Stoppard--the nation's leading authority on childcare--parents can learn how to tackle the difficult questions their children ask and use them as opportunities to teach the values of kindness tolerance justice and generosity. Best of all Stoppard offers parents a foundation on which they can build their own answers as their child's understanding expands.

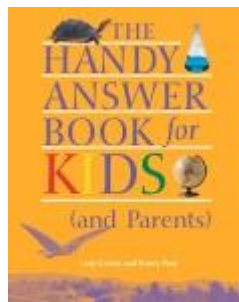


REDI for PARENTS Resilience Education and Drug Information to support family-school partnerships

Author: Australian Government, Department of Education, Science and Training.

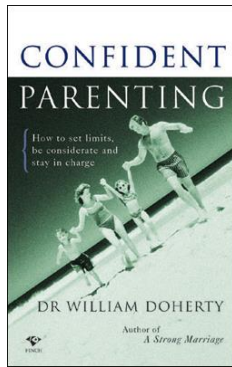
This innovative set of school drug education resources is focused on preventing and reducing the harm that drug use can cause by building more resilient young people practical, realistic and fun resources promote a whole school approach to drug education and are ready to go with minimal review time required.

Contains: 2 manuals, 1 videocassette, 1 DVD, 1 CD-ROM, 1 parent pack (various pieces) resilience education and drug information to support family-school partnerships.



The Handy Answer Book for Kids

The Handy Answer Book for Kids addresses nearly 800 queries that only a kid can think up. It's easy to understand and organized by simple topical chapters, permitting kids (and parents) to help themselves. Born in a moment of quiet desperation, it easily handles the occasional solitary stumper lobbed like a live grenade, like *How many stars are there?* It's more than a bunch. *What did people use before toothbrushes were invented?* With *Handy Kids*, love means never having to say I don't know. Chapters include Earth, Sky, and Beyond; Me, Myself, and I; My Family and Friends; Being Green (about the plant world); How Things Work; Home Life and School Days; World Tour; Animal Neighbours



Confident Parenting

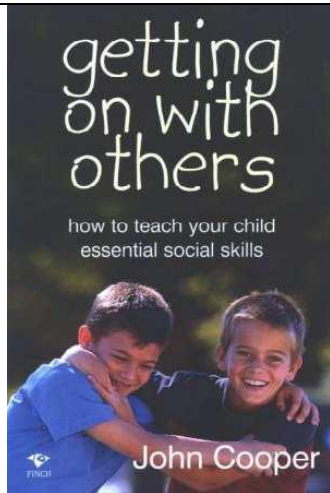
Author Dr William Doherty

How to Set Limits, be Considerate and Stay in Charge



A Guide to What Works for Anxiety

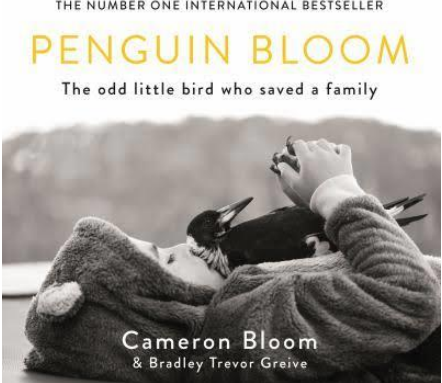
Authors: Nicola Reavley, Nick Allen, Anthony Jorm, Amy Morgan, Siobhan Ryan, Rosemary Purcell




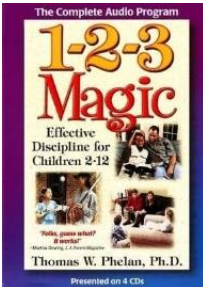
Getting on with Others

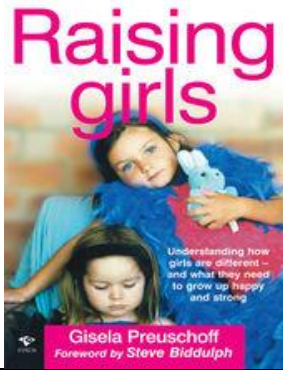
How To Teach Your Child Essential Social Skills.

Cooperative children do better at school and in life. They learn how to make friends, manage their emotions and solve problems with others. John Cooper, who has 30 years of clinical practice working with children and families, shows how parents can teach these skills.

	<p>Penguin Bloom</p> <p>Author Cameron Bloom</p> <p>This is a true story of hope and courage. It begins with a shocking accident, in which Cameron's wife, Sam, suffers a near fatal fall that leaves her paralysed and deeply depressed. Into their lives comes Penguin, an injured magpie chick abandoned after she fell from her nest. Penguin's rescue and the incredible joy and strength she gives Sam and all those who helped her survive demonstrates that, however bleak things seem, compassion, friendship and support can come from unexpected quarters, ensuring there are always better days ahead. This plucky little magpie reminds us all that, no matter how lost, fragile or damaged we feel, accepting the love of others and loving them in return will help to make us whole.</p>
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	<p>'Parent's guide to safety online'</p> <p>An Australian Government initiative.</p> <p>A practical, issue focussed information and advice guide for parents of children of all ages (7 copies)</p>
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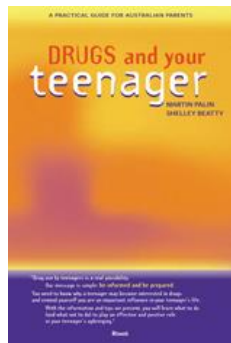
 <p style="text-align: center;"><i>Book and DVD</i></p>	<p>1 2 3 Magic Effective Discipline for Children</p> <p>"1-2-3 Magic" addresses the difficult task of child discipline with humour, keen insight and proven experience. This time-tested program provides easy-to-follow steps for disciplining children aged 2-12 without yelling, arguing or spanking. You'll also learn when--and how--your silence can speak louder than you think. Listen to this audiobook and take charge of your home!</p>
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Raising Girls

Author Gisela Preuschoff

Raising Girls: Helping Your Daughter to Grow Up Wise, Warm and Strong is a response to what Biddulph identifies as a "sudden and marked plunge in girls' mental health" over the past five years, years during which the growth of social media has encouraged anxiety and narcissism.



Drugs and your Teenager Author: Martin Palin, Shelly Beatty

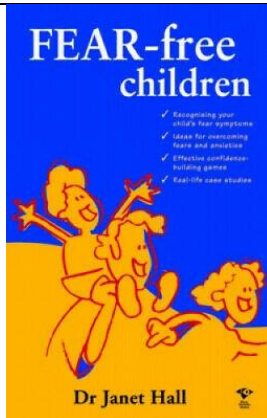
This book is written for parents who want to know about teenage drug use before their children become curious teenagers, or suspect drug use by their children, or know their teenagers are using drugs and are wondering what to do.



Student Ebook
Digital Download

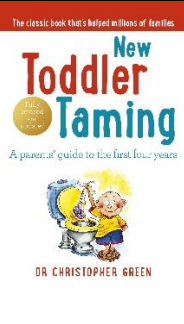
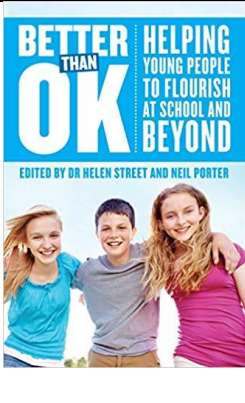
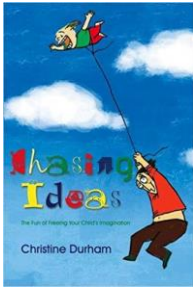
Keeping you safe Online.

Parent-Teacher/Student (2) booklets

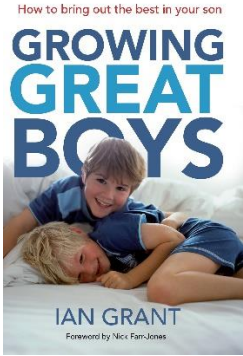
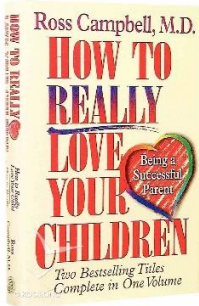
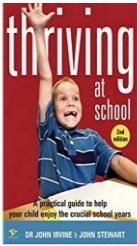


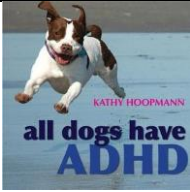
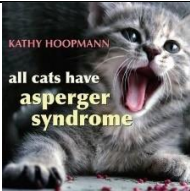


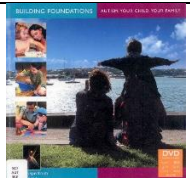
Fear free Children

Offering advice for parents on understanding children's anxieties, this book presents imaginative ways to help children overcome common fears such as fear of the dark, fear of animals, and fear of being alone. Drawn on are case studies that help parents recognize fear symptoms, and use games to build confidence

	<p>Reading Magic <i>How Your Child can learn to read before school</i> Author Mem Fox The importance of Reading aloud to our children everyday</p>
	<p>Working Parents <i>How to work, raise great kids and have a life</i> Author Michael Grose Shatters the myth of quality time three things that really matter for family closeness</p>
	<p>Toddler Taming <i>Author: Dr Christopher Green</i></p> <p>More than one million parents all over the world have been saved by TODDLER TAMING, Dr Christopher Green's classic guide to surviving the toddler years. Dr Green gives instant, practical and friendly advice</p>
	<p>Better than Ok <i>Author: Helen Street</i></p> <p>This is a book of up-to-date strategies for helping children—from their earliest years into adulthood—and is all about helping kids do more than just survive; these are strategies to help kids flourish. These solution-focused and easy-to-read essays are by 27 of the world's top experts in positive education.</p>
	<p>Chasing Ideas <i>Author: Christine Durham</i></p> <p>In Chasing Ideas Christine has compiled a treasure trove of techniques and tips to help parents encourage children's curiosity about the world. It urges parents and teachers to discover how discussing ideas with their children can be an enjoyable and creative activity for everyone.</p>

	<p>Parenting from the Inside out <i>Author: Daniel J Siegel</i></p> <p>How a Deeper Self-Understanding Can Help You Raise Children Who Thrive.</p>
	<p>The Optimistic Child <i>Author: Martin Seligman</i></p> <p>A proven program to safeguard children against depression and build lifelong resilience. In The Optimistic Child, Dr. Martin Seligman offers parents, teachers, and coaches a well-validated program to prevent depression in children.</p>
	<p>Bully Proofing <i>Author: Steve Heron</i></p> <p>A sensible approach to bullying – one that keeps adults and children’s dignities intact. The book is a potpourri stories, ideas, anecdotes, challenges, sound concepts, and effective strategies that may-well revolutionise our thinking about bullying.</p>
	<p>The Hidden Handicap <i>Author: Gordon Serfontein</i></p> <p>How to Help Children Who Suffer from Dyslexia, Hyperactivity and Learning Difficulties. ... A book which aims to give parents, teachers and doctors a better insight into the developmental difficulties children with Attention Deficit Disorder (ADD) encounter.</p>
	<p>Bully Blocking <i>Author: Evelyn M Field</i></p> <p>BULLY BLOCKING offers practical advice to help children (aged 4 - 16) deal with bullies who tease, exclude, intimidate or harass. In this book renowned bullying specialist Evelyn Field provides parents and teachers with understandings and tested approaches to assist a child who is a target or a bully. the future.</p>

	<p>Growing Great Boys <i>Author: Ian Grant</i> Growing Great Boys is brimming with practical and informative parenting advice for raising great sons, from the vital preschool years through to the challenges of teens. It includes chapters on the roles of mums and dads, and on the special challenges faced by solo parents.</p>
	<p>Raising the Best Possible Child <i>Author: Jo Jackson King</i> In this ground-breaking book, Jo Jackson King looks at three main branches of early child development research and finds that they all come up with the same answer. It shows how to parent happy and successful kids from birth to seven</p>
	<p>How to Really Love Your Children <i>Author: Ross Campbell</i> In Dr. Ross Campbell's ground-breaking book, he explains the emotional needs of a child and provides you with skills that will help your child feel truly loved and accepted. Using eye contact, affirmation, and spiritual nurturing, you'll learn to really love your child no matter what the circumstances.</p>
	<p>Thriving at School <i>Author: John Irvine</i> This book is designed to help parents develop their children's attitudes, values and good habits to help them become happy and effective learners. There is also a focus on the value of emotional intelligence – the ability to form successful relationships, be more understanding of others and form a positive outlook on life.</p>
	<p>Raising Real People <i>Author: Andrew Fuller</i> This bestselling Australian book explores the delights, frustrations and dilemmas facing parents of adolescents. Author and clinical psychologist Andrew Fuller offers parents practical solutions to common problems adolescents face, with a refreshing emphasis on parents being there for their children, rather than on the need to adopt particular parenting skills.</p>

	<p>All Dogs Have ADHD <i>Author: Kathy Hoopman</i> All Dogs Have ADHD takes an inspiring and affectionate look at Attention Deficit Hyperactivity Disorder (ADHD), using images and ideas from the canine world to explore a variety of traits that will be instantly recognisable to those who are familiar with ADHD.</p>
	<p>All Cats have Asperger Syndrome <i>Author: Kathy Hoopman</i> All Cats Have Asperger Syndrome takes a playful look at Asperger Syndrome (AS), drawing inspiration from the feline world in a way that will strike a chord with all those who are familiar with AS</p>
	<p>Helping your Child Learn to Read <i>Author: Board of Studies</i> The book contains practical strategies for parents to use with their children to assist with learning to read.</p>
	<p>Your Child's First Year at School <i>Author: Jenni Connor</i> First year at school: Essential tips for parents and carers .</p>
	<p>Building Foundations Autism: Your child, Your Family <i>Autism Spectrum Australia</i> A guide for parents regarding diagnosis and support for families dealing with Autism.</p>

Amended 13-2-2020

